

**Syllabus of Value Added Courses  
As per UGC Curriculum and CBCS  
Framework for Undergraduate Programmes  
under NEP 2020  
For  
Undergraduate Courses  
In  
Faculties of Arts/Science/Commerce/Fine  
Arts/Social Sciences**

**w.e.f. Academic Session 2024-2025**



**University of Rajasthan, Jaipur**

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**List of Value Added Courses**  
**As per NEP-2020**  
**For**  
**Undergraduate Courses**  
**In Faculties of Arts/Science/Commerce/Fine Arts/Social Sciences**  
**w.e.f. Academic Session 2024-2025**

S. No.	Course Code	Course Name
<b>First Year (Semester – I and Semester – II)</b>		
1.	VAC-51F-101/ VAC-52F-101	Anandam-I
2.	VAC-51T-102/ VAC-52T-102	Digital Enhancement
3.	VAC-51T-103/ VAC-52T-103	Understanding Indian Society & Culture
4.	VAC-51T-104/ VAC-52T-104	Nutrition for Health and Fitness
5.	VAC-51T-105/ VAC-52T-105	Geriatric Wellness and Care
6.	VAC-51T-106	National Cadet Corps(NCC)-I (Semester-I)
7.	VAC-51T-107/ VAC-52T-107	Indian Value System
8.	VAC-51T-108	National Service Scheme (NSS)-I (Semester-I)
9.	VAC-51T-109/ VAC-52T-109	Financial Literacy
10.	VAC-52T-110	National Cadet Corps(NCC)-II (Semester-II)
11.	VAC-52T-111	National Service Scheme (NSS)-II (Semester-II)
12.	VAC-51T-112/ VAC-52T-112	Environmental Studies
<b>Second Year (Semester – III and Semester – IV)</b>		
1.	VAC-63F-201/ VAC-64F-201	Anandam-II
2.	VAC-63T-203/ VAC-64T-203	Traditional & Modern Medicine Systems for Everyday Health Solutions
3.	VAC-63F-204	National Service Scheme-III (Semester III)
4.	VAC-64F-205	National Service Scheme-IV (Semester IV)
5.	VAC-63F-206	National Cadet Corps-III (Semester III)
6.	VAC-64F-207	National Cadet Corps-IV (Semester IV)
7.	VAC-63T-208/ VAC-64T-208	Content writing
8.	VAC-63T-209/ VAC-64T-209	Cyber Law and Ethics
9.	VAC-63T-210/ VAC-64T-210	Electoral Literacy

**University of Rajasthan**  
**NEP-2020 based Syllabus**  
**For**  
**Value Added Courses for Semester I and II in UG Programmes**  
**(2 credits/semester for Semester I/II.)**  
**VAC-51F-101/VAC-52F-101**

1	Title of course- A n a n d a m - I	
2	Nodal Department of HEI to run course	Sociology.
3	Nature of course- Independent/Progressive	No
4	Number of Seats-	60 students per batch
5	Course Code-VAC-51F-101/VAC-52F-101	Credits-02(1Theory OR 2Practical Hours per week)
6	Scheme of Examination Maximum Marks Minimum Marks	Annexure-1 (Attached) 50 20
7	Is this course is based on Outside Partners/Institutions/Industry/ Govt. Org. etc. ?	Yes                      No
8	If Yes, Name of Proposed Outside Partners /Institutions /Industry/ Govt. Org. etc.	Any Government Organization and NGOs
9	<p><b>Syllabus</b></p> <ul style="list-style-type: none"> <li>• Individual Activities</li> <li>• Group Activities</li> <li>• 1 hour lecture per week</li> <li>• Report of Group Project</li> <li>• Lecture/Webinar, Interactive Session to be organized in College for students on Anandam Day (Last Working Day of every Month)</li> </ul> <p><b>Guidelines</b></p> <ul style="list-style-type: none"> <li>• Adopt an area/colony/office to train people about plastic/organic waste disposal.</li> <li>• Form a group to ensure that injured and sick cows and other animals in your area are taken care of.</li> <li>• Adopt an area/colony to rectify issues related to water /electricity/ waste disposal/ road safety/pollution, etc.</li> <li>• Create a book/food/clothes/mobile/equipment bank and distribute it to the needy.</li> <li>• To Monitor unauthorized cutting of trees and related issues.</li> <li>• Engage in massive plantation and afforestation programs.</li> <li>• Adopt local heritage sites or spots of tourist interest and work for its restoration and publicity on tourist guide maps.</li> <li>• Coordinate with hospitals / NGOs and organise medical check-up camps for children/women in poor localities.</li> <li>• Form drug/alcohol de-addiction help-groups and motivate people.</li> <li>• Organize Vocational Skill Training Programs in juvenile jails and women homes.</li> <li>• Form a group to help workers/house maids to make cooperatives for small scale loans.</li> <li>• Form a group to monitor and resolve eve-teasing/ harassment of women, children and old people.</li> <li>• Form a group to restore and publicise local art-forms like weaving/ dyeing, maandna, folk songs, old manuscripts, etc</li> <li>• Form age/gender specific groups for collective yoga/meditation in a community, society, hostel,</li> </ul>	

	<p>etc.</p> <ul style="list-style-type: none"> <li>• Form a group to restore wells/step wells/ponds or other similar water sources.</li> <li>• Form a group to motivate people to employ rain water harvesting and solar energy harvesting techniques.</li> <li>• Form a group to maintain a public garden/park for the residents of a particular area.</li> <li>• To train youngsters about computer programming and apps.</li> <li>• Engage in " Beti Bachao Beti Padhao" programs for over all development and empowerment of girl child in your locality.</li> <li>• Innovate/Design Simple technology using local resources that saves labour time of labourers and poor farmers and impacts their lives positively.</li> <li>• E-literacy programs, to help organizations/individuals with email and websites, etc.</li> <li>• Time giving activities to adopted communities for spreading awareness regarding Govt. programmes/Schemes.</li> <li>• Sports activities like yoga, meditation, drills and physical exercises in adopted areas</li> <li>• Spread awareness about dental care, first-aid training, etc.</li> <li>• Form group for attending to old people to assist them for market and groceries, etc.</li> </ul>
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### Annexure-1

<b>Examination Scheme:</b>		
Programme Evaluation Methods:		
S.No.	Parameters	Max. Marks
1	Entries in Daily Diary	05
2	Synopsis of Project	10
3	Participation in Anandam Day ( Last working day of every month)	10
4	Report of Group Project	25
	Total	50
Evaluation of Group Projects (25 Marks)		
S.No.	Parameters	Max. Marks
1	Presentation/Video/Photographs submitted with Report	05
2	Media Report of Certificate from Govt. Organization/NGO/Community Forum/ Social Organisation Etc.	10
3	Challenging Issues / Problem Solving/ Innovation addressed in Project Report	10
	Total	25