



WHO Collaborating Centre for  
Emergency and trauma care  
SEAR  
JPNATC,-AIIMS, New Delhi



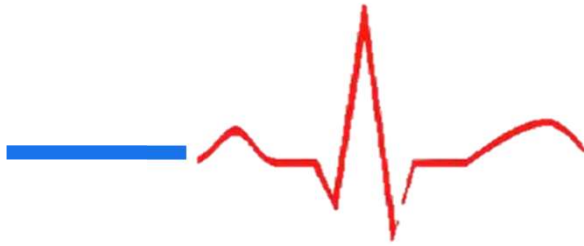
State Road Safety Cell  
Department of Transport  
& Road Safety (Raj)



# Kanoria PG Mahila Mahavidyalaya , Jaipur

## Basic Life Support (BLS) Centre

**EQUIPPING YOU TO BE A LIFESAVER**



# **Saving Lives – One Skill at a Time**

Welcome to the BLS Centre – where preparedness meets purpose. Here, we give you the skills to save lives, because emergencies don't wait.



## **Empowering You to Respond**

- Gain confidence to act decisively in critical moments.

## **Learn. Practice. Save Lives**

- Our motto for practical, impactful training.

**EMERGENCY** ||



# What is Basic Life Support (BLS)?

Basic Life Support is the immediate care given to someone with a life-threatening condition until professional help takes over. It's about maintaining life when every second counts.

## Maintain Breathing & Circulation

Crucial actions to keep vital functions going.

## Prevent Further Harm

Stabilizing the situation to avoid worsening injuries.

## Preserve Life Until Advanced Care Arrives

Bridging the gap before medical professionals take over.

## Includes CPR, Choking Rescue, Bleeding Control

Essential techniques for common emergencies.

---

# Why Should Every Student Learn BLS?

- **Emergencies don't send a warning. Whether you're in class, at the hostel, or out in the city—your quick action could mean the difference between life and death.**

**1**

- **Can happen anytime, anywhere: Be ready for the unexpected, whether on campus or beyond.**

**2**

- **Trained responders = higher survival rates: Your skills directly impact outcomes.**

**3**

- **Builds confidence & readiness to act: Empower yourself to make a difference.**



# Glimpses.....



**FROM BYSTANDERS TO LIFESAVERS**

**THE JOURNEY BEGINS HERE.....**

---

# Committee Members

- **Dr. Sarla Sharma (Coordinator)**

**Contact no. -9828600678**

- **Dr. Sweety Mathur**
- **Dr. Anchal Puri**
- **Ms. Yogita Solanki**
- **Ms. Rishi Dassani**
- **Dr. Tina Singh Bhadouria**
- **Dr. Harsha Sharma**
- **Ms. Mahima Ramchandani**
- **Ms. Deepa Chauhan**



**You don't need  
to be a doctor to  
save a life - you  
just need to be  
prepared.**