



Kanoria PG Mahila Mahavidyalaya

(NAAC Accredited, Affiliated to the University of Rajasthan)

Gandhi Circle, Jawahar Lal Nehru Marg, Jaipur- 302015 (Rajasthan)

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Visit kanoriacollege.in for more details or scan this QR code to visit college website

Value Added Courses (VAC)

Anandam

In Sanskrit "Anandam" translates to "bliss" or "joy". It encapsulates the idea of ultimate happiness and contentment that goes beyond mere pleasure derived from external stimuli. This course involves activities such as adopting an area to train people, create awareness about healthy environment, forming group to monitor and resolve social issues, spreading happiness and smiles etc.

Nutrition and Fitness

Health and fitness is the state of being healthy both physically and mentally. Nutrition fuels your fitness journey's pace, balanced diet and regular exercises, a vital embrace. This course enhances the understanding of nutrition and fitness, develops a healthy attitude towards physical well-being, importance of correct eating habits and its effect on health and wellness.

Digital Enhancement

The college is offering a value-added course in digital enhancement which encompasses knowledge about essential digital platforms such as Digi Locker, SWAYAM, and government websites, providing students with practical insights into accessing and utilizing these resources effectively. Through hands-on training, participants will learn how to navigate these platforms for document storage, online learning opportunities and accessing government services seamlessly. Additionally, the course covers day-to-day operations related to digital tools and platforms, empowering students with the skills to manage tasks efficiently in various personal and professional contexts.

Financial Literacy

Financial Literacy course help students to understand the concepts of investing, saving, and borrowing to improve their financial well-being and enable them to manage money effectively. It typically provides students with a foundation for making financial decisions.

NSS

NSS is a forum to orient the student engagement towards community services under the aegis of Ministry of Youth Affairs and Sports, Govt. of India. It promotes social awareness, creates a sense of responsibility & discipline among students, provides them with a unique opportunity for teamwork and constant interaction with the community.

*Seats in NSS are limited and allotted on first come first basis